

Foxes Netball Club



Code of Conduct for Young Players (U/18)

- Treat team-mates, coaches, umpires and opponents with respect.
- Have fun, reach for the top and always try your best.
- Umpires are there to interpret the rules for you, accept their decisions.
- Never use bad language or insult opponents, coaches or spectators.
- Do not try to gain an unfair advantage over opponents.
- Enjoy yourself; know the rules of netball and play by the spirit of the rules.
- Realise that without your opponents; there wouldn't be a game.

Remember:

- A stranger is someone you do not know. You must never go anywhere with anyone you don't know. You must always ask your parents/guardian if it is OK to go with someone.
- Other people (even relations) are not always good. They can hurt, bully and upset young people, so you must be very careful. Good adults do not ask young people to keep secrets. You must tell.
- If you tell your parents/guardian or coach that you are going somewhere, you should always go there. If you change your mind you should let them know before you go.
- Your body belongs to you and the parts of your body that are covered by a swimming costume are private and shouldn't be touched. Sometimes a doctor or nurse might have to touch there, but your parents/guardian must always be there. If not, you can ask for someone else to be there.
- If anyone does anything you don't like, you must tell an adult that you can trust. If they don't believe you, you must tell another adult until you are believed.



You should know your address and telephone number, and know how to make a reversed charge telephone call should you need picking up or are in any sort of trouble.

- If your parents/guardian send someone to pick you up from training or matches, they should use a secret code word that your parents/guardian and you have arranged. Your parents/guardian should let the coaches know when someone other than them is collecting you.
- If you see a friend getting into a car or going off with a stranger, you must not go near enough for them to get you, but you should shout and tell them not to go, and then go and tell an adult.
- It is always OK to say NO to someone, even a grown-up, who is trying to make you feel uncomfortable.
- Shout and run away of someone frightens you or follows you. Go towards places where there are people, or knock on someone's door and ask for help.
- Remember keeping safe is the important thing. You can break normal rules in order to stay safe.

Signed :

Date:.....

Name: